



Borough of CONSHOHOCKEN

Spring & Summer Activity Guide
2018



Community Center at the Fellowship House, 515 Harry Street, Conshohocken, PA 19428
VISIT US AT CONSHOHOCKENPA.GOV

We are here to *serve you!*

We love to hear from our residents! In order to better serve our community we need your feedback. Please contact the Community Center at the Fellowship House at 610-828-3266.

Visit the Department of Recreation Services webpage on the Borough website to see what's happening!

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MISSON STATEMENT

Enhance the quality of life for all residents through physical, mental, cultural, social, and environmental development



RECREATION SERVICES DEPARTMENT INFORMATION

Address: 515 Harry Street
Conshohocken, PA 19428

Phone Number: (610) 828-3266

Borough Website:
www.conshohockenpa.gov

Hours of Operation:
Monday-Thursday: 6:00am-9:00pm
Friday: 6:00am-7:00pm
Saturday & Sunday: 8:00am-4:00pm

Department Directory

INCLEMENT WEATHER POLICY REMINDERS

If the Borough Administrative Office and School District are closed, the Community Center will be closed.

If the School District is closed and Borough Offices have a delayed opening, the Community Center will have a delayed opening in conjunction with Borough Offices.

If the Colonial School District and Borough have a delayed opening, the Community Center will also have a delayed opening in conjunction with both the Borough and the Colonial School District. Please note that if the Colonial School District has a 2-hour delay, the before care program and Community Center will also have a 2-hour delay.

<u>Title</u>	<u>Name</u>	<u>E-Mail</u>	<u>Phone</u>
Director of Recreation Services	Lauren Irizarry	lirizarry@conshohockenpa.gov	(610) 828-3266
Administrative Assistant	Madison Orlor	morler@conshohockenpa.gov	(610) 828-3266
Front Desk Associate Administration	Gloria Scott	gscott@conshohockenpa.gov	(610) 828-3266
Front Desk Associate Leagues/Tournaments	Tom Brady	tbrady@conshohockenpa.gov	(610) 828-3266
Weekend Front Desk Associate	Geneva Gerwitz	ggerwitz@conshohockenpa.gov	(610) 828-3266
Weekend Front Desk Associate	Ronald Fry	rfry@conshohockenpa.gov	(610) 828-3266
Weekday Night Time Supervisor	David Leonard	dleonard@conshohockenpa.gov	(610) 828-3266
Weekday Night Time Front Desk Associate	Steven Daywalt	sdaywalt@conshohockenpa.gov	(610) 828-3266

2018 Borough Admin Holiday Closures

February 19, 2018	President's Day
April 2, 2018	Easter Monday
May 28, 2018	Memorial Day
July 4, 2018	Independence Day
September 3, 2018	Labor Day
October 8, 2018	Columbus Day
November 12, 2018	Veteran's Day (Observed)
November 22, 2018	Thanksgiving Day
November 23, 2018	Day after Thanksgiving
December 25, 2018	Christmas Day

Community Center Holiday Closures

April 1, 2018	Easter Sunday
May 26, 2018	Memorial Day (Observed)
May 27, 2018	Memorial Day (Observed)
May 28, 2018	Memorial Day
July 4, 2018	Independence Day
September 1, 2018	Labor Day (Observed)
September 2, 2018	Labor Day (Observed)
September 3, 2018	Labor Day (Observed)
November 22, 2018	Thanksgiving Day
November 23, 2018	Day After Thanksgiving
December 25, 2018	Christmas Day

THINGS TO REMEMBER

If you are unsure about a program being canceled or the Community Center being closed due to inclement weather, check the Borough website or Facebook page for updates.

- **Community Center at the Fellowship House:** 515 Harry Street, Conshohocken, PA 19428
- **Sutcliffe Park:** Entrance location at 10th Avenue and Freedly Street, Conshohocken, PA 19428
- **A. A. Garthwaite Stadium (A-field):** East 11th Avenue and Harry Street, Conshohocken, PA 19428
- **B-field:** Behind the A-field, located at 13th Avenue and Hallowell Street, Conshohocken, PA 19428
- **Aubrey Collins Memorial Park:** Located on E. Elm Street near Poplar Street, Conshohocken, PA 19428
- **Mary H. Wood Park:** Located off of 6th Avenue and Hallowell Street, Conshohocken, PA 19428
- **2nd Avenue Meadows:** Located off of 2nd Avenue and Maple Street, Conshohocken, PA 19428
- **Riverside Dog Park:** 227 Washington Street, Conshohocken, PA 19428
- **Haines & Salvati Memorial Dog Park:** 357 Wood Street (off of W. Elm & Wood Street), Conshohocken, PA 19428

PARTY PACKAGES

1. Sports-Tastic Parties

Rates:

Up to 19 Participants - \$150 | 20-29 Participants - \$200 | 30-39 Participants - \$250 | 40-49 Participants - \$300
Additional Half Hour - \$50

- Go to the Obvious Choice Sports website at www.ObviousChoiceSports.com to complete a party inquiry form located in the "Programs" section under "Birthday Parties"
- Pick from two sports: Soccer, Basketball, Floor Hockey (Indoor Only), Kickball, Flag Football (Outdoor Only), or Dodgeball
- Obvious Choice Sports provides all the equipment, music, coaching, a select number of t-shirts/prizes for party goers, and lots of fun for your child's birthday party!



2. Beanie Bounce Party Deals

With this party package deal you can set your own price range, and choose what entertainment you would like at your party

- Face painting, moon bounces, crafts, fun & MORE!
- All renters working with the Community Center at the Fellowship House must contact Beanie Bounce directly regarding pricing.
- Please visit beaniebounce.com for a full list of items available or call them at 610-272-0270.
- All inflatable moon bounces and other party entertainment are provided by Beanie Bounce Party Rentals. Discount pricing may vary during busy and off seasons. Two weeks notice for face painters and moon bounces preferred.

Beanie Bounce
Party Rentals

FACILITY & PARK RENTALS

To reserve a park or one of our facility spaces please contact 610-828-3266 or email morler@conshohockenpa.gov. Rental requests must meet all requirements to be approved.

For park operations or maintenance please contact Ray Sokolowski at rsokolowski@conshohockenpa.gov.

MEMBERSHIP INFORMATION & DAY PASS RATES

**MONTHLY AND ANNUAL MEMBERSHIPS - SIGN UP NOW!
PURCHASE OR RENEW A COMMUNITY CENTER AT THE FEL MEMBERSHIP TODAY!**

Day Pass		
Category	Residents	Non-Residents
Youth (12-17)	\$3.00	\$4.00
Adult (18-61)	\$5.00	\$6.00
Senior (62+)	\$2.00	\$3.00
Monthly Rates		
Category	Residents	Non-Residents
Youth (12-17)	\$5.00	\$7.00
Adult (18-61)	\$15.00	\$20.00
Family (up to 4 members only)	\$20.00	\$26.00
Senior (62+)	\$5.00	\$7.00
Annual Rates		
Category	Residents	Non-Residents
Youth (12-17)	\$50.00	\$65.00
Adult (18-61)	\$140.00	\$182.00
Family (up to 4 members only)	\$175.00	\$228.00
Senior (62+)	\$40.00	\$52.00

Memberships and day passes allow access to full usage of all amenities within the facility. Some of these amenities include: the gymnasium, which features a full size basketball court, cardio and weight lifting machines, and the game table area. All memberships include four (4) guest passes per month. Guest(s) and day pass users must sign a waiver form and be 18 or older. A parent/guardian must be present to sign a waiver form for anyone under the age of 18, and remain on site if the child is under 12 years old. Members must accompany guest(s) at all times. Members are not permitted to leave their guest(s) at the facility unattended/unsupervised.

Please Note

Membership holders and day pass users may not have access to areas of the facility that are being used for programs, events or rentals. For more information regarding the facility's schedule or availability, please visit our website at www.conshohockenpa.gov

Silver Sneakers/Prime Fitness

Do I Get It?

If you're interested in joining Silver Sneakers Fitness, go to silversneakers.com to see if your health plan offers the program. If you can't find your health plan, call their customer service number and ask when they will offer this valuable active adult exercise program.

Dog Park Membership

Dog Park Annual Memberships are \$20 per year. Members are allotted up to 3 dogs on one membership. New and existing members can renew their membership online through the Borough of Conshohocken website, in person at the Community Center at the Fel or by mail. If you prefer to renew your membership through mail, you can access an application from the Borough website. The following items are needed to sign up for a membership: Copy of current valid dog license & rabies vaccination with expiration; a check payable to: "Borough of Conshohocken" for \$20; a signed Release of Liability form (included on the application). **All applications should be sent to the Community Center at the Fellowship House, located at 515 Harry Street, Conshohocken, PA 19428.**

SPRING & SUMMER PROGRAMS (CHILDREN 2-14)

CHILDREN'S SOCCER WITH SOCCER SHOTS (2 YEARS OLD)

A high-energy program introducing children to the fundamental soccer principles, such as, using your feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

Saturday

Dates: April 7, 2018 - May 12, 2018

9:00am - 9:30am | 2 year olds | \$85

Program Code: SS1 - Soccer Shots

Location: Sutcliffe Park

Monday

Dates: April 9, 2018 - May 14, 2018

Saturday | 6:00pm - 6:30pm | 2 year olds | \$85

Program Code: SS5 - Soccer Shots

Location: Sutcliffe Park



CHILDREN'S SOCCER WITH SOCCER SHOTS (3-6 YEARS OLD)

Using creative and imaginative games, weekly sessions focus on basic soccer skills like dribbling, passing, and shooting. We highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the foundations of soccer, while also having fun! Each session also provides an opportunity for kids to be challenged through fun games and team competitions. Children will also be introduced to tactical elements of the game as they prepare to play on competitive teams.

Saturday

Dates: April 7, 2018 - May 12, 2018

9:40am - 10:25am | 3 - 4 year olds | \$85

Program Code: SS2 - Soccer Shots

Location: Sutcliffe Park

Saturday

Dates: April 7, 2018 - May 12, 2018

10:35am - 11:20am | 3 - 6 year olds | \$85

Program Code: SS3 - Soccer Shots

Location: Sutcliffe Park

Monday

Dates: April 9, 2018 - May 14, 2018

Saturday | 6:40pm - 7:45pm | 3 - 6 year olds | \$85

Program Code: SS4 - Soccer Shots

Location: Sutcliffe Park



DRAWING AND CARTOON CLASSES WITH YOUNG REMBRANDTS



Elementary Drawing (Ages 4-6)

Young Rembrandts classes will challenge and excite your budding artist while preparing your child to be a lifelong learner. Drawing objects like marbles will help your preschooler master the art of creating a circle, a deceptively simple yet complex shape. The acorn and apple tree drawing will strengthen your child's compositional skills and use of colors. Basic facial and figure drawing will also be addressed as our students learn to draw a funny clown and scarecrow. These are just a few of the many great lessons our students will learn.

Drawing (Ages 7-14)

Back to school is in full swing as we present a bountiful selection of drawings that introduces our students to a fascinating world of color, pattern, and design. We say farewell to winter in our detailed still life drawing of a beach. We explore color usage and composition in our chameleon and fire truck drawings. Our students will learn cultural themes as they draw and color Kawaii inspired art. All this and more awaits your child in a Young Rembrandts classroom! Sign up today!

Cartooning (Ages 8-14)

Our students will jump head first into the world of cartooning by first learning expressions - our students will learn a variety of skills as their original characters seemingly emote and breathe. Students will learn to personify inanimate kitchen objects, tell a joke through pictures, and learn to add motion and attitude all session long.

Session 1 Drawing (Ages 4-6)

March 24, 2018 - April 28, 2018

Saturday | 9:00am - 9:45am | \$70

Program Code: YR Spring 6

Session 1 Drawing (Ages 7-14)

March 24, 2018 - April 28, 2018

Saturday | 10:00am - 11:00am | \$70

Program Code: YR Spring 6.1

Session 1 Cartooning (Ages 8-14)

March 24, 2018 - April 28, 2018

Saturday | 11:15am - 12:15pm | \$70

Program Code: YR Spring 6.2

Session 2 Drawing (Ages 4-6)

May 5, 2018 - June 6, 2018

Saturday | 9:00am - 9:45am | \$70

Program Code: YR1 - Drawing

Session 2 Drawing (Ages 7-14)

May 5, 2018 - June 6, 2018

Saturday | 10:00am - 11:00am | \$70

Program Code: YR2 - Drawing

Session 2 Cartooning (Ages 8-14)

May 5, 2018 - June 6, 2018

Saturday | 11:15am - 12:15am | \$70

Program Code: YR 3 - Cartooning

Program Cancellations and Refunds Reminders

Note: The Borough of Conshohocken reserves the right to cancel any program or camp due to insufficient enrollment. Programs and camps will run only if the minimum enrollment figure is satisfied. Register today so that these fun and exciting programs are not cancelled. Cancellations will occur one week prior to the scheduled start date if applicable. A full refund will only be given when the Borough of Conshohocken cancels a program. A refund request made at least five (5) business days prior to the program will receive a refund less 5%. No refunds will otherwise be given. Refunds may take up to thirty (30) business days to process. We do not issue cash refunds. Cash, check and money order are accepted. Register online or in-person and pay at the Community Center at the Fel!

THE ACADEMY OF HOOPS WITH ALVIN WILLIAMS

Take all of the guesswork out of your basketball training this spring and summer and make it count by attending The Academy of Hoops' workout sessions. Learn from the best, Alvin Williams, 8 year NBA player and Villanova University Hall of Famer. Visit www.theacademyofhoops.com to register for skill specific training, biddy bop workouts and private instruction at the Community Center at the Fel. Program schedule listed on the Borough website on the Recreation Services page.

Important Registration Reminder

All registration for The Academy of Hoops can be done online at www.theacademyofhoops.com. For questions regarding pricing and scheduling please contact The Academy of Hoops at 484-535-3055



SPRING BREAK MIDDLE SCHOOL BASKETBALL

Dates & Pricing

March 26, 2018 – March 29, 2018
9:00am – 3:00pm | Monday - Thursday
Location: Community Center at the Fel
Grades 5th – 8th | Price: \$150

5% off each additional sibling!

Join Obvious Choice Sports for a week of basketball games! Campers receive hands-on instruction by top players in the area. Campers compete in game play, mini contests, and skill development drills with a focus on fundamentals.

BASKETBALL CLINICS

SESSION 2
2/23– 3/16

SESSION 3
4/6 – 4/27

DETAILS

Price: \$70 per session
Boys and girls grades 5 – 8
Fridays | Time: 5:30pm – 7pm
Location: Community Center (Gym)

Offensive skills, drills, training, and competition. Program is designed to increase explosiveness, speed, and offensive productivity.

SUMMER SPORTS CAMPS

Session 1: August 20, 2018 – August 24, 2018
Session 2: August 27, 2018 – August 30, 2018
Time: 8:30am – 3:30pm | Price: \$175 per week or \$65 per day
Register online at obviouschoicesports.com!

Extended Hours: Early Morning 7:30am – 8:30am/ 3:30pm-5:30pm available. Sign up by day, week or full summer
Location: Community Center at Fel (Multipurpose Room)

Join Obvious Choice Sports coaches in an engaging summer camp full of physical activity! We provide a safe and fun environment where youth of all skill levels will learn to play different sports for fun! The camp will focus on sports and games including soccer, basketball, dodge ball, floor hockey, dance competitions, kickball, flag football and more!

SUMMER DAY CAMP WITH OBVIOUS CHOICE SPORTS

Dates: Monday, June 25, 2018 to Friday August 17, 2018.

Location: Mary Wood Park & the Community Center at the Fellowship House. Campers will be dropped off and picked up at the Community Center at the Fellowship House in the Multipurpose Room. In the event of inclement weather, camp will be held inside at the Community Center at the Fellowship House.

Weekly Trips: Campers will be taken to a weekly swim trip, which is included in the cost of camp. Other field trips will be offered for an additional charge and may include Elmwood Park Zoo, Valley Forge National Park, The Wagner Free Institute of Science, Facenda Whitaker Lanes, and Lego Land.

Campers are responsible for providing their own water and lunch. Obvious Choice, LLC provides one snack per day for regular hour campers and two snacks per day for extended hour campers. If a camper has food allergies, the parent/guardian is responsible for providing all snacks.

Weekly Breakdown

Week 1: June 25 – June 29
Week 2: July 2 – July 6 (No Camp Wednesday, July 4)
Week 3: July 9 – July 13
Week 4: July 16 – July 20
Week 5: July 23 – July 27
Week 6: July 30 – August 3
Week 7: August 6 – August 10
Week 8: August 13 to August 17



Hours & Before & After Care Options

7:30am - 9:00am = Before Care
9:00am - 3:00pm = Regular Hours
3:00pm - 5:30pm = After Care

Registration Fees

Borough of Conshohocken Resident Rates

7:30am - 9:00am = \$15/Week
9:00am - 3:00pm = \$145/Week
3:00pm - 5:30pm = \$30/Week

Non-Resident Rates

7:30am - 9:00am = \$15/Week
9:00am - 3:00pm = \$165/Week
3:00pm - 5:30pm = \$30/Week

Ages

Boys and girls: must be entering 1st to 6th Grade (must have completed Kindergarten).

Activities

- Arts & Crafts - Jewelry Making, Collage Making, Tie Dye
- Science/Nature Discovery - Leaf Rubbings, Scavenger Hunts, Planting
- Yoga/Dance Offs/Stretching
- Coach Says
- Relay Races
- Group Ball Games - Baby in the Air, Dodgeball
- Group Non-Ball Games - Red Rover, Tag, Freeze Dance, Capture the Flag
- Swimming
- Local Field Trips

Cancellation Policy

Obvious Choice, LLC and the Borough reserve the right to cancel 5 business days before the Monday of each camp week due to low enrollment.

Obvious Choice, LLC

Address: P.O. Box 4 Wynnewood, PA 19096
Phone: 610.329.2338
Email: Admin@ObviousChoiceSports.com
Website: www.ObviousChoiceSports.com

Community Center at the Fellowship House

Address: 515 Harry Street, Conshohocken, PA 19428
Phone: 610-828-1092
Email: morler@conshohockenpa.gov
Website: www.conshohockenpa.gov

Refund Policy

A full refund will only be given if the Borough of Conshohocken and Obvious Choice Sports, LLC cancels a program. A refund request at least five business days prior to the first day of camp will receive a refund less 5%. No refunds will otherwise be given.

Discounts

Sibling Discount: 5% off each additional sibling rate

4+ Weeks Discount: must register and pay before May 1, 2018 for a \$40 refund

Field Trip Rates

Field trip rates will be determined based on location, duration, and number of participants. Campers will pay an extra fee to participate in field trips.



**OBVIOUS CHOICE
SPORTS**

Registration Requirements

All registration should be made through Obvious Choice Sports. Please visit: www.obviouschoicesports.com



Senior Bingo

Research has shown that games are good for the brain! They can stimulate memory, attention skills, and most importantly promote social interaction. Come join the Seniors at the Conshohocken Community Center at the Fel for Bingo every Monday from 10:30-1:30 in the Multi-purpose room! Light refreshments will be included.

Session 2: January 8, 2018 – June 4, 2018

Monday 10:00am – 1:30pm | Ages 62+ | \$10 membership fee due at the beginning of session 2 for new members

Location: Community Center at the Fellowship House (Multi-purpose Room)

**Room is subject to change throughout the year. A notice will be given in advance.

**All bingo packages must be purchased separately upon arrival.

Corporate Lunch Time Basketball

Corporate Lunch Time Basketball is perfect for those who work in the area and want to unwind on their lunch break playing non-competitive games among colleagues. This program is free with a Community Center Membership.

Tuesdays & Thursdays 12:00pm-2:00pm

Ages 18+ | \$5.00 a session

Program Code: LTB1

Location: Community Center (Gym)

Sunday Morning Basketball

Sunday Morning Basketball is held every Sunday in the gym for non-competitive pick up games. This program is free with a Community Center Membership.

Sunday 9:00am – 11:00am | Ages 18+ | \$6.00 per session

Program Code: SMBB2

Location: Community Center at the Fellowship House (Gym)

Open Gym Time

The Community Center has open gym times based off the daily schedule. Please call the Community Center at the Fellowship House at 610-828-3266 to see when open gym time is available.

Pickle Ball

Pickle ball is cross between ping-pong, tennis and badminton. The Community Center has open gym times based off the daily schedule. Please call the Community Center at the Fellowship House at 610-828-3266 to see when open gym time is available.

Mondays: 10:00am – 12pm | Tuesday-Friday 8:00am-12:00pm

Saturday & Sunday – Call for availability

\$2 Res | \$3 Non-Res | Free for membership holders

Program Code: PB

Location: Community Center at the Fellowship House

Spring & Summer 2018 Men's Basketball League

Dates: April 30th – August 15, 2018

League Fee \$325.00 - due at first game | Men 21 +

Registration deadline: April 13, 2018

12 Team League

11 games guaranteed (Plus all teams make PLAYOFFS)

\$35/team referee fee is paid to referees before the start of the game

All teams that were enrolled in the 2017 Fall/Winter League will have **first choice** to register until April 6, 2018

FOR MORE INFORMATION, PLEASE CONTACT TOM BRADY AT 610-828-3266



Easter Egg Hunt

Hop over to the Community Center at the Fel for it's annual Easter Egg Hunt Event! Admission is free, and prizes, crafts and refreshments will be provided! Be sure to register and bring your own basket! Participants can register online, over the phone or in person no later than Monday, April 12th. For more information, contact the Community Center at 610-828-3266

March 17, 2018

10:00am to 12:00pm

Registration begins at 9:30am

Community Center (Multi-purpose Room) & Mary Wood Park

58th Annual Albert C. Donofrio Classic

4-Week Men's High School Basketball Tournament

Dates Below

Week 1 - March 26th - March 29th

Week 2 - April 3rd - April 6th

Week 3 - April 9th - April 12th

Week 4 - April 16th - April 17th

For more details please contact the Albert C. Donofrio Classic Coordinator at tbrady@conshohockenpa.gov or 610-828-3266

Summer Carnival

Celebrate the end of the school year with the Department of Recreation Services! Come to the Community Center at the Fel on June 9th for inflatables, refreshments, music and more!

June 9, 2018

12:00pm to 2:00pm

Community Center at the Fellowship House

Free Admission!

Important Registration Reminders

Be sure to register for all events to ensure the Recreation Department has enough supplies! To register, visit the Borough website, and go the Recreation Services Page or contact the Community Center at 610-828-3266

SUMMER CONCERT Series

This summer's concert series will include eight (8) performances with varied genres of music! Mark your calendar to hear music by the Newspaper Taxis, a local Beatles Tribute band, the Paul Moore Band, an Irish music band and Conshy crowd favorite, the Blues and Soul group Dukes of Destiny, a performance by Elvis, and MORE!

Dates: July 12, 2018 - August 30, 2018

Time: All concerts are held on Thursdays from 7:00pm to 9:00pm

Location: The first four (4) performances will be held in Sutcliffe Park. The second four (4) performances will be held at Mary Wood Park pending the completion of park & playground renovations. Visit the Borough website for further details and updates.

Music Performances:

- July 12th:** Where's Pete (*Hits*)
- July 19th:** The Newspaper Taxis (*Beatles Tribute Band*)
- July 26th:** The Dukes of Destiny (*Blues Band*)
- August 2nd:** Rhodes Less Traveled (*Classic Rock*)
- August 9th:** The Paul Moore Band (*Irish*)
- August 16th:** The Blue Plate Specials (*Dance & Swing*)
- August 23rd:** The Mango Men (*Classic Rock/Hits*)
- August 30th:** Elvis (*Elvis Hits*)

Conshohocken Fireworks

Tuesday, July 3, 2018 | Sutcliffe Park

Fireworks begin around 9:30pm | Beanie Bounce Inflatables, food and music will begin at 5:30pm

Contact Kate Kosmin, Communication Manager at 610-828-1092 or at kkosmin@conshohockenpa.gov for more information.

Space may be limited so arrive around 6pm-7pm to claim a spot! There is general street parking available surrounding the park. Handicap parking accommodations are available, but space is limited. Please call the Borough at 610-828-1092 for accommodations.

GROUP EXERCISE WITH MIXX FITNESS

The Community Center at the Fel is excited to be partnering with MIXX Fitness for Group Exercise classes and personal training! MIXX up your physical fitness routine with Spin, TRX, Kettle Bell, Pilates, Yoga, Body Bar, Jump Rope, & MORE! MIXX Fitness is different from other fitness centers because it brings a “personal training approach to group fitness.” Instructors are trainers. Classes are small. You will get personalized instruction, specialized motivation and individual attention when you attend a MIXX Fitness class. If you haven’t tried MIXX Fitness yet, NOW is the time! MIXX Fitness is located inside the Community Center at the Fel. Your first visit is always free.



motivational · inspirational · exercise · experts

PRICING INFORMATION:

MIXX Fitness Monthly Rates Include: \$55-4 classes, \$96-8 classes and \$160-unlimited classes. **Community Center membership holders receive 10% off all MIXX Fitness pricing.** MIXX Fitness offers group and personal training options Monday through Saturday! Personal Training Rates available upon request.

REGISTRATION: REGISTRATION IS REQUIRED FOR ALL MIXX FITNESS

CLASSES. To register: text your name, date and class to 215-290-4484. Please note that classes are only held if participants are pre-registered.

SUMMER SPECIALS: Check the MIXX Fitness website for upcoming summer specials at www.mixxfitnessconshy.com!

BEFORE AND AFTER SCHOOL CHILD CARE WITH A CHILD’S PLACE

Register with A Child’s Place Extended Care, Inc. for **before & after school-aged childcare** at the Community Center at the Fellowship House for the 2017-2018 school year!

Before Care: 7:00am until the start of the school day
After Care: End of the school day until 6:00pm
Half Day Care: End of the school day until 6:00pm
(see calendar on www.acpec.com)

Day - Off Program: 7:00am – 6:00pm. This program will operate on select days that the Colonial School District is closed (see calendar on website)



Program Highlights:

- State licensed and Keystone Stars accredited program
- Carefully screened, professional staff with State Police, Child Abuse and FBI Clearances
- Fun, academically based enriched curriculum that advances our mission to prepare children for a successful future in school and beyond
- Supervised homework time, outdoor play, organized and independent activities
- Monthly newsletters informing parents of various activities and events
- Multi-sibling and military discounts
- CCIS (county subsidy) accepted

Visit www.acpec.com or contact Danielle Earhart, Program Manager, at 610-304-8769 or Danielle@acpec.com.

The Conshohocken Rowing Center is a rowing club that was formed through a public/private partnership between the Borough of Conshohocken, Malvern Preparatory School, and The Haverford School.



In addition to being the homes of Malvern Rowing and Haverford School Crew, the mission of the CRC is to promote youth rowing and provide access to the river through the sport of rowing by membership or designed programs. For more information visit the Conshohocken Rowing Center website at www.conshohockenrowingcenter.org.

CRC Spring Youth Program

This is a program for all levels of experience. However, the goal is to help athletes learn and refine the basics of rowing and prepare them for additional programs in the summer or the following school year.

- Price: \$825 for non- residents; **FREE** for Conshohocken residents
- Dates: runs weekend April 6th to May 12th
- Time: practices held on the following days:
 - Friday: 4:00 to 5:30
 - Saturday: 12:30 to 3:00
 - Sunday: 12:30 to 3:00
- Ages 13-17 | boys & girls
- All interested participants should email rowingcrc@gmail.com.



2018 Youth Summer Opportunities

CRC Competitive Rowing Program

7 week long competitive development program. Rowers from all over the region are welcome to apply. The CRC will be accepting around 45-70 athletes. All experience levels are welcome. All athletes will compete in local Philadelphia races. The program focuses on both methods of rowing, sweep and sculling. Select athletes will have opportunities to race at Club Nationals and Canadian Henley. Schedules may be accommodated if athlete has other scheduling conflicts

- Price: \$1,425 for non-residents; \$325 for residents
- Dates: June 18, 2018 – August 3, 2018
- Time: Practices are held Monday through from 9:00 AM to noon
- No practices on weekends, only races.
- Ages: 13- 19 | boys & girls

National Learn-to Row Day

June 2, 2018
12pm – 3pm
Open to the public & all ages!

Youth Summer Rowing Camps

The CRC will be offering 3 separate weeklong rowing camps throughout the summer. Camps are for all levels of experience. Each weeklong session will focus on improving techniques, learning training methods, and the proper preparation needed to be successful in the sport of rowing.

- Price: \$425 for non- residents; \$125 for residents
- Dates: Session 1: June 25, 2018 to June 29, 2018; Session 2: July 9, 2018 to July 13, 2018; Session 3: July 23, 2018 to July 27, 2018
- Time: Monday through Friday from 12:30 PM to 3:00 PM
- Ages: 10 + | boys & girls

Conshohocken Rowing Center Mobile App

Follow the Conshohocken Rowing Center from your iPhone and iPad through their mobile app! This app gives you direct access to the latest CRC news, Regattas, Facebook, Twitter, and the CRC photo gallery.

Program	Program Cost	Resident Cost
2018 Youth Spring Program	\$825	FREE
2018 Summer Competitive Rowing Program	\$1,425.00	\$325
2018 Youth Summer Rowing Camp - 1 Week	\$475.00	\$125.00

YOUTH PROGRAM DISCOUNTS ARE AVAILABLE FOR CONSHOHOCKEN RESIDENTS!

Adult Learn -to-Row

Adult Lean-to-Row sessions will start on July 5, 2018 through mid-August. Classes will be Tuesday and Thursday evenings from 5:30pm to 7:00pm. There are 2 sessions per week and 15 sessions total, weather permitting. All experienced levels welcome. Pricing is listed below.

Program	Program Cost	Resident Cost - 50% Off!
Pay-as-you-Go	\$60.00	\$30.00
2 Sessions	\$100.00	\$50.00
4 Sessions	\$170.00	\$85.00
8 Sessions	\$300.00	\$150.00
12 Sessions	\$500.00	\$250.00

Rack Space
Available to members only

1 single/kayak: \$1,000
(per year)

Double/2-person kayak or canoe: \$1,500 (per year)

No discounts apply

Recreational Memberships for Residents

For \$65 a year you can launch and land your kayak, canoe or stand up paddleboard from the Conshohocken Rowing Center dock. *Note: This membership does not include access to the boathouse.*

Resident Membership Discounts: Conshohocken residents benefit with 50% off both individual and family memberships!

Membership Type	Non-Resident	Resident
Individual Membership	\$650.00	\$262.00
Family Membership	\$825.00	\$387.00
Recreational Membership	\$125.00	\$65.00

Private Lessons & Adaptive Rowing Lessons
(By appointment only)

\$100 per session per individual
\$150 per hour for a group of 2
Private lessons are 50% off for residents

Program and Membership Registration

Participants can sign up for memberships and programs/ camps online through Regatta Central. Additional forms, or prerequisites may also be required. It is advised that all interested parties contact the Conshohocken Rowing Center at rowingcrc@gmail.com to set up a meeting/rowing evaluation and facility tour prior to signing up online. New members must complete a swim test, and may also be subject to completing private rowing lessons if they are inexperienced rowers.

Take advantage of these wonderful discount opportunities, programs and camps! **If you are a resident in the Borough of Conshohocken, please email the Rowing Center Administration prior to going through the registration process to ensure you receive the appropriate discount.** Email rowingcrc@gmail.com and indicate your program of interest. The Rowing Center Director or one of their rowing coaches will reply and send you further details.

BOROUGH COUNCIL



“CREATING
COMMUNITY
THROUGH
PEOPLE,
PARKS AND
PROGRAMMING”

DEPARTMENT OF
RECREATION
SERVICES



WARD 1
KAREN TUTINO, Member
ktutino@conshohockenpa.gov
484-362-3658
Voting location:
Marshall Lee Towers
1 West 3rd Avenue



WARD 2
JAMES "IKE" GRIFFIN, Member
jgriffin@conshohockenpa.gov
610-828-4638
Voting location:
Community Center at the Fel
515 Harry Street



WARD 3
TINA SOKOLOWSKI, Member
tsokolowski@conshohockenpa.gov
610-828-1092 ext. 133
Voting location:
Community Center at the Fel
515 Harry Street



WARD 4
ANITA BARTON, Member
abarton@conshohockenpa.gov
610-397-1581
Voting location:
United Methodist Church
20 West 6th Avenue



WARD 5
JANE FLANAGAN, Vice-President
jflanagan@conshohockenpa.gov
610-828-1092 ext. 135
Voting location:
Conshohocken Fire Company, No. 2
819 Fayette Street



WARD 6
ROBERT STOKLEY, Senior Member
rstokley@conshohockenpa.gov
610-636-7230
Voting location:
Leeland Mansion
720 Fayette Street



WARD 7
COLLEEN LEONARD, President
cleonard@conshohockenpa.gov
610-322-0386
Voting location:
Fieldhouse/ "A" Field
East 11th Avenue & Harry Street