

# Borough of CONSHOHOCKEN

*Fall & Winter Activity Guide*

2017-2018



Community Center at the Fellowship House: 515 Harry Street, Conshohocken, PA  
VIST US AT [CONSHOHOCKENPA.GOV](http://CONSHOHOCKENPA.GOV)

# We are here to *serve you!*

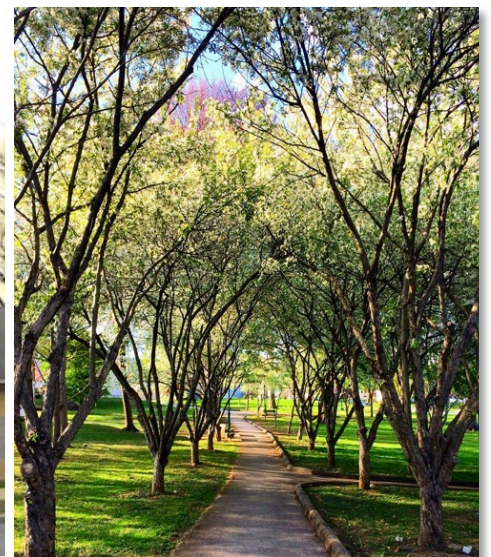
We love to hear from our residents! In order to better serve our community we need your feedback. Please contact the Community Center at the Fellowship House at 610-828-3266 or email [cmascio@conshohockenpa.gov](mailto:cmascio@conshohockenpa.gov)

**Visit the Department of Recreation Services webpage on the Borough website to see what's happening!**

A Message From the Department.....	3
Department Information (Holiday Closures/ Inclement Weather).....	4
Parks, Facilities & Rentals.....	5
Membership & Day Pass Information.....	6
Fall/ Winter Programs.....	7
Academy of Hoops.....	10
Obvious Choice Programs/Camps.....	10
In-House Programs and Leagues.....	11
Events.....	12
Fitness Fusion & Group Exercise.....	13
Before & After School Care.....	13
Conshohocken Rowing Center.....	14
Borough Council.....	15

## MISSION STATEMENT

*Enhance the quality of life for all residents through physical, mental, cultural, social, and environmental development*



# A MESSAGE FROM THE DEPARTMENT

Dear Conshohocken Residents,

Welcome to the 2017-2018 fall and winter Recreation Services Activity Guide! We hope this guide serves as a resource to provide you with ample communication regarding local events, programs and leagues, holiday closures, and an overall picture of our department.

We are proud to highlight the installation of new playground equipment at Sutcliffe Park and 2<sup>nd</sup> Avenue Meadows, as well as a new walking track at the A-field. Our hope is that these new amenities will only enhance the well-being of the residents and community who utilize them.

This fall and winter we are also looking forward to the programs and events we have planned for our residents. Don't forget to mark your calendars and to register. Registration is required and programs run based on enrollment numbers. A decision is usually made a week prior to the start of the program so that we can adequately notify all registered participants and our instructors. Our staff at the Community Center is happy to assist you in registering if you should have any questions!



Lastly, as of April 2017, the Borough of Conshohocken is responsible for all operations of both Dog Parks at Haines and Salvati and the Conshohocken Dog Park along the river. This includes the general maintenance of the parks, new and existing membership renewals, and gate codes. Existing and new members can renew their membership or sign up online through the Borough of Conshohocken website. You may also complete your membership in person at the Community Center at the Fel or by mail.

Sign up for a dog park membership today! Applications can be found online on the Borough website. If you should have any questions, please contact the Community Center at the Fel at 610-828-3266.

We hope you take advantage of everything we have to offer.

Sincerely,

*Charles Mascio*

Charles Mascio  
Community Center Manager  
Borough of Conshohocken

# DEPARTMENT INFORMATION

**Address:** 515 Harry Street  
Conshohocken, PA 19428

**Phone Number:** (610) 828-3266

**Borough Website:**  
[www.conshohockenpa.gov](http://www.conshohockenpa.gov)

**Hours of Operation:**  
**Monday-Thursday:** 6:00am-9:00pm  
**Friday:** 6:00am-7:00pm  
**Saturday & Sunday:** 8:00am-4:00pm

## Department Directory

Title	Name	E-Mail	Phone
Community Center Manager	Charles Mascio	cmascio@conshohockenpa.gov	(610) 828-3266 x153
Administrative Assistant	Madison Orler	morler@conshohockenpa.gov	(610) 828-3266 x154
Front Desk Associate Administration	Gloria Scott	gscott@conshohockenpa.gov	(610) 828-3266
Front Desk Associate Leagues/Tournaments	Tom Brady	tbrady@conshohockenpa.gov	(610) 828-3266
Weekend Front Desk Associate	Geneva Gerwitz	ggerwitz@conshohockenpa.gov	(610) 828-3266
Weekend Front Desk Associate	Ronald Fry	rfry@conshohockenpa.gov	(610) 828-3266
Weekday Night Time Front Desk Associate	Steven Daywalt	sdaywalt@conshohockenpa.gov	(610) 828-3266

## INCLEMENT WEATHER POLICY

If the Borough Offices and School District are closed, the Community Center will make an effort to open with limited hours from 12pm-4pm.

If the School District is closed and Borough Offices have a delayed opening, the Community Center will have a delayed opening in conjunction with Borough Offices.

If the Colonial School District and Borough have a delayed opening, the Community Center will also have a delayed opening in conjunction with both the Borough and the Colonial School District. Please note that if the Colonial School District has a 2-hour delay, the before care program and Community Center will also have a 2-hour delay.

### Borough Administration Office Holiday Closures

September 4, 2017	Labor Day
October 9, 2017	Columbus Day
November 10, 2017	Veteran's Day
November 23, 2017	Thanksgiving Day
November 24, 2017	Day After Thanksgiving
December 25, 2017	Christmas Day
December 26, 2017	Day After Christmas (Observed)
January 1, 2018	New Year's Day
January 15, 2018	Martin Luther King Day
April 2, 2018	Easter Monday
May 28, 2018	Memorial Day
July 4, 2018	Independence Day
September 3, 2018	Labor Day
October 8, 2018	Columbus Day
November 11, 2018	Veteran's Day (Observed)
November 22, 2018	Thanksgiving Day
November 23, 2018	Day After Thanksgiving
December 25, 2018	Christmas Day

### Community Center Holiday Closures

September 4, 2017	Labor Day
November 23, 2017	Thanksgiving Day
November 24, 2017	Day After Thanksgiving
December 25, 2017	Christmas Day
January 1, 2018	New Year's Day
May 28, 2018	Memorial Day
July 4, 2018	Independence Day
September 3, 2018	Labor Day
November 22, 2018	Thanksgiving Day
November 23, 2018	Day After Thanksgiving
December 25, 2018	Christmas Day

## THINGS TO REMEMBER

If you are unsure about a program being canceled or the Community Center being closed due to inclement weather, check the Borough website or Facebook page for updates.

# PARKS, FACILITIES & RENTALS

- **Community Center at the Fellowship House:** 515 Harry Street, Conshohocken, PA 19428
- **Sutcliffe Park:** Entrance location at 10<sup>th</sup> Avenue and Freedly Street, Conshohocken, PA 19428
- **A. A. Garthwaite Stadium (A-field):** East 11<sup>th</sup> Avenue and Harry Street, Conshohocken, PA 19428
- **B-field:** Behind the A-field, located at 13<sup>th</sup> Avenue and Hallowell Street, Conshohocken, PA 19428
- **Haines & Salvati Dog Park:** 357 Wood Street (off of W. Elm & Wood Street), Conshohocken, PA 19428
- **Aubrey Collins Memorial Park:** Located on E. Elm Street near Poplar Street, Conshohocken, PA 19428
- **Mary H. Wood Park:** Located off of 6<sup>th</sup> Avenue and Hallowell Street, Conshohocken, PA 19428
- **2<sup>nd</sup> Avenue Meadows:** Located off of 2<sup>nd</sup> Avenue and Maple Street, Conshohocken, PA 19428
- **Conshohocken Dog Park:** 227 Washington Street, Conshohocken, PA 19428

## 1. Sports-Tastic Parties

Sport themed coed parties

\$10 per child for up to 20 children and \$8.00 per child after that  
Child ratio 1:14 (depending on age group)

- All party requests must contact Obvious Choice Sports and complete a party form located on [www.obviouschoicesports.com](http://www.obviouschoicesports.com) under "About Us"
- The possibility to choose two sports from the following options (soccer, basketball, floor hockey, baseball, or dodge ball)
- Obvious Choice provides all equipment, instruction, supervision, entertainment, and music!
- T-shirt is provided for the birthday boy/girl, or for prizes



## 2. Beanie Bounce Party Deals

With this party package deal you can set your own price range, and choose what entertainment you would like at your party

- Face painting, moon bounces, crafts, fun & MORE!
- All renters working with the Community Center at the Fellowship House must contact Beanie Bounce directly regarding discounts and deals.
- Please visit [beaniebounce.com](http://beaniebounce.com) for a full list of items available or call them at 610-272-0270
- All inflatable moon bounces and other party entertainment are provided by Beanie Bounce Party Rentals. Discount pricing may vary during busy and off seasons. Two weeks notice for face painters and moon bounces preferred.

**Beanie Bounce**  
Party Rentals

## FACILITY & PARK RENTALS

To reserve a park or one of our facility spaces please contact 610-828-3266 or email [morler@conshohockenpa.gov](mailto:morler@conshohockenpa.gov). Rental requests must meet all requirements being approved.

For park operations or maintenance please contact Ray Sokolowski at [rsokolowski@conshohockenpa.gov](mailto:rsokolowski@conshohockenpa.gov).

# MEMBERSHIPS/ DAY PASS RATES & INFORMATION

MONTHLY AND ANNUAL MEMBERSHIPS - SIGN UP NOW!  
PURCHASE OR RENEW A COMMUNITY CENTER AT THE FEL MEMBERSHIP TODAY!

## Day Pass

Category	Residents	Non-Residents
Youth (12-17)	\$3.00	\$4.00
Adult (18-61)	\$5.00	\$6.00
Senior (62+)	\$2.00	\$3.00

## Monthly Rates

Category	Residents	Non-Residents
Youth (12-17)	\$5.00	\$7.00
Adult (18-61)	\$15.00	\$20.00
Family (up to 4 members only)	\$20.00	\$26.00
Senior (62+)	\$5.00	\$7.00

## Annual Rates

Category	Residents	Non-Residents
Youth (12-17)	\$50.00	\$65.00
Adult (18-61)	\$140.00	\$182.00
Family (up to 4 members only)	\$175.00	\$228.00
Senior (62+)	\$40.00	\$52.00

Memberships and day passes allow access to full usage of all amenities within the facility. Some of these amenities include: the gymnasium, which features a full size basketball court, cardio and weight lifting machines, and the game table area. All memberships include four (4) guest passes per month. Guest(s) and day pass users must sign a waiver form and be 18 or older. A parent/guardian must be present to sign a waiver form, and remain on site if the child is under 12 years old. Members must accompany guest(s) at all times. Members are not permitted to leave their guest(s) at the facility unattended/unsupervised.

### \*Please Note\*

Membership holders and day pass users may not have access to areas of the facility that are being used for programs, events or rentals. For more information regarding the facility's schedule or availability, please visit our website at [www.conshohockenpa.gov](http://www.conshohockenpa.gov)

### Silver Sneakers/Prime Fitness

#### Do I Get It?

If you're interested in joining Silver Sneakers Fitness, go to [silversneakers.com](http://silversneakers.com) to see if your health plan offers the program. If you can't find your health plan, call their customer service number and ask when they will offer this valuable active adult exercise program.

### Dog Park Membership

Dog Park Annual Memberships are \$20 per year. Members are allotted up to 3 dogs on one membership. New and existing members can renew their membership online through the Borough of Conshohocken website, in person at the Community Center at the Fel or by mail. If you prefer to renew your membership through mail, you can access an application from the Borough website. The following items are needed to sign up for a membership: Copy of current valid dog license & rabies vaccination with expiration; a check payable to: "Borough of Conshohocken" for \$20; a signed Release of Liability form (included on the application). **All applications should be sent to the Community Center at the Fellowship House, located at 515 Harry Street, Conshohocken, PA 19428.**

# FALL & WINTER PROGRAMS (CHILDREN 2-14)

## CONSHOHOCKEN T-BIRDS T-BALL WITH JUMPSTART SPORTS

Instructional T-Ball program for children ages 3-4. Players learn the basics of catching, fielding, throwing, and hitting. Then they apply what they've learned in fun, non-competitive games. Parents are encouraged to participate in the coaching and are provided practice plans and assistance in coaching young children.

### Session 1

September 17, 2017 - October 15, 2017

Sundays | 1:00pm - 2:00pm | Ages 3-4 | \$75

Program Code: JSS Fall 1

Sutcliffe Park (Senior Field)



## Jump Start Sports Little Hoops

Players ages 4-6 are taught the basics of dribbling, passing, shooting, positioning, defense, and rebounding, then apply what they have learned in fun, non-competitive games. Parents are welcome to assist in coaching, but Jump Start Sports instructors will run classes.

### Session 1

November 8, 2017 - December 13, 2017

Wednesdays | 6:15pm - 7:15pm | Ages 4-6 | \$75

Program Code: JSS Fall 2

Community Center (Multipurpose Room)

### Session 2

January 10, 2018 - February 14, 2018

Wednesdays | 6:15pm - 7:15pm | Ages 4-6 | \$75

Program Code: JSS Winter 1

Community Center (Multipurpose Room)

## Jump Start Sports Hoop Stars

Players ages 6-8 are taught the basics of dribbling, passing, shooting, positioning, defense, and rebounding, then apply what they have learned in fun, non-competitive games!

### Session 1

November 8, 2017 - December 13, 2017

Wednesdays | 7:15pm - 8:15pm | Ages 6-8 | \$75

Program Code: JSS Fall 3

Community Center (Multipurpose Room)

### Session 2

January 10, 2018 - February 14, 2018

Wednesdays | 7:15pm - 8:15pm | Ages 6-8 | \$75

Program Code: JSS Winter 2

Community Center (Multipurpose Room)

## CHILDREN SOCCER WITH SOCCER SHOTS (2 YEARS OLD)

A high-energy program introducing children to the fundamental soccer principles, such as, using your feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

### Session 1

September 9, 2017 - October 14, 2017

Saturdays | 9:00am - 9:30am | Age 2 | \$85

Program Code: SS Fall 1

Sutcliffe Park (Senior Field)

### Session 2:

November 4, 2017 - December 16, 2017

Saturdays | 9:00am - 9:30am | Age 2 | \$85

Program Code: SS Winter 1

Community Center at the Fel (Multipurpose Room)

### Session 3

January 13, 2018 - February 17, 2018

Saturdays | 9:00am - 9:30am | Age 2 | \$85

Program Code: SS Winter 1.1

Community Center at the Fel (Multipurpose Room)



### **CHILDREN SOCCER WITH SOCCER SHOTS (3-4 YEARS OLD)**

Using creative and imaginative games, weekly sessions focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the foundations of soccer, while also having fun!

#### **Session 1:**

September 9, 2017 – October 14, 2017  
Saturdays | 9:45am – 10:30am | Age 3-4 | \$85  
Program Code: SS Fall 2  
Sutcliffe Park (Senior Field)

#### **Session 2:**

November 4, 2017 – December 16, 2017  
Saturdays | 9:45am – 10:30am | Age 3-4 | \$85  
Program Code: SS Winter 2  
Community Center at the Fel (Multipurpose Room)

#### **Session 3:**

January 13, 2018 – February 17, 2018  
Saturdays | 9:45am – 10:30am | Age 3-4 | \$85  
Program Code: SS Winter 2.2  
Community Center at the Fel (Multipurpose Room)



### **CHILDREN SOCCER WITH SOCCER SHOTS (5-6 YEARS OLD)**

Focusing on individual skills, fitness, and sportsmanship, each session provides an opportunity for kids to be challenged through fun games and team competitions. Children will also be introduced to tactical elements of the game as they prepare to play on competitive teams.

#### **Session 1:**

September 9, 2017 – October 14, 2017  
Saturdays | 10:45am – 11:30am | Age 5-6 | \$85  
Program Code: SS Fall 3  
Community Center at the Fel (Multipurpose Room)

#### **Session 2:**

November 4, 2017 – December 16, 2017  
Saturdays | 10:45am – 11:30am | Age 5-6 | \$85  
Program Code: SS Winter 3  
Community Center at the Fel (Multipurpose Room)

#### **Session 3:**

January 13, 2018 – February 17, 2018  
Saturdays | 10:45am – 11:30am | Age 5-6 | \$85  
Program Code: SS Winter 3.3  
Community Center at the Fel (Multipurpose Room)



### **CHILDREN SOCCER WITH SOCCER SHOTS (3-6 YEARS OLD)**

Using creative and imaginative games, weekly sessions focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the foundations of soccer, while also having fun!

#### **Session 1:**

September 11, 2017 – October 16, 2017  
Mondays | 6:15pm – 7:00pm | Age 3-6 | \$85  
Program Code: SS Fall 4  
Sutcliffe Park (Senior Field)

#### **Session 2:**

November 6, 2017 – December 18, 2017  
Mondays | 6:15pm – 7:00pm | Age 3-6 | \$85  
Program Code: SS Winter 4  
Community Center at the Fel (Multipurpose Room)

#### **Session 3:**

January 15, 2018 – February 19, 2018  
Mondays | 6:15pm – 7:00pm | Age 3-6 | \$85  
Program Code: SS Winter 4.4  
Community Center at the Fel (Multipurpose Room)



## DRAWING AND CARTOON CLASSES WITH YOUNG REMBRANDTS

### **Elementary Drawing (Ages 4-6)**

Young Rembrandts classes will challenge and excite your budding artist while preparing your child to be a lifelong learner. Drawing objects like marbles will help your preschooler master the art of creating a circle, a deceptively simple yet complex shape. The acorn and apple tree drawing will strengthen your child's compositional skills and use of colors. Basic facial and figure drawing will also be addressed as our students learn to draw a funny clown and scarecrow. These are just a few of the many great lessons our students will learn.

#### Session 2:

October 14, 2017 – November 11, 2017  
Saturdays | 9:00am to 9:45am | Ages 4-6 | \$75  
Program Code: YR Fall 2  
Community Center (Meeting Room)

### **Drawing (Ages 7-14)**

Back to school is in full swing as we present a bountiful selection of drawings that introduces our students to a fascinating world of color, pattern, and design. We say farewell to summer in our detailed still life drawing of a beach. We explore color usage and composition in our chameleon and fire truck drawings. In keeping with the season, our stylized fall leaves drawing challenges our technique and color scheme. Our students will learn cultural themes as they draw and color Kawaii inspired art. All this and more awaits your child in a Young Rembrandts classroom! Sign up today!

#### Session 1:

September 9, 2017 – October 7, 2017  
Saturdays | 10:00am to 11:00am | Ages 7-14 | \$75  
Program Code: YR Fall 3  
Community Center (Meeting Room)

#### Session 2:

October 14, 2017 – November 11, 2017  
Saturdays | 10:00am to 11:00am | Ages 7-14 | \$75  
Program Code: YR Fall 4  
Community Center (Meeting Room)

### **Cartooning (Ages 8-14)**

Our students will jump head first into the world of cartooning by first learning expressions - our students will learn a variety of skills as their original characters seemingly emote and breathe. Students will learn to personify inanimate kitchen objects, tell a joke through pictures and learn to add motion and attitude all session long.

#### Session 3:

November 18, 2017 – December 16, 2017  
Saturdays | 11:15am – 12:15pm | Ages 8-14 | \$75  
Program Code: YR Fall 6  
Community Center (Meeting Room)

#### Session 1:

September 9, 2017 – October 7, 2017  
Saturdays | 9:00am to 9:45am | Ages 4-6 | \$75  
Program Code: YR Fall 1  
Community Center (Meeting Room)

#### Session 3:

November 18, 2017 – December 16, 2017  
Saturdays | 9:00am to 9:45am | Ages 4-6 | \$75  
Program Code: YR Winter 1  
Community Center (Meeting Room)

#### Session 3:

November 18, 2017 – December 16, 2017  
Saturdays | 10:00am to 11:00am | Ages 7-14 | \$75  
Program Code: YR Winter 2  
Community Center (Meeting Room)



#### Session 1:

September 9, 2017 – October 7, 2017  
Saturdays | 11:15am – 12:15pm | Ages 8-14 | \$75  
Program Code: YR Fall 5  
Location: Community Center (Meeting Room)

#### Session 2:

October 14, 2017 – November 11, 2017  
Saturdays | 11:15am – 12:15pm | Ages 8-14 | \$75  
Program Code: YR Winter 3  
Community Center (Meeting Room)

Program Cancellations and Refunds Reminders

Note: The Borough of Conshohocken reserves the right to cancel any program or camp due to insufficient enrollment. Programs and camps will run only if the minimum enrollment figure is satisfied. Register today so that these fun and exciting programs are not cancelled. Cancellations will occur one week prior to the scheduled start date if applicable. A full refund will only be given when the Borough of Conshohocken cancels a program. A refund request made at least five (5) business days prior to the program will receive a refund less 5%. No refunds will otherwise be given. Refunds may take up to thirty (30) business days to process. We do not issue cash refunds. Cash, check and money order are accepted. Register online or in-person and pay at the Community Center at the Fel!

## YOUTH BASKETBALL WITH THE ACADEMY OF HOOPS

Take all of the guesswork out of your basketball training this spring and summer and make it count by attending The Academy of Hoops' workout sessions. Learn from the best, Alvin Williams, 8 year NBA player and Villanova University Hall of Famer. Visit [www.theacademyofhoops.com](http://www.theacademyofhoops.com) to register for skill specific training, biddy bop workouts and private instruction at the Community Center at the Fel. Program schedule listed on the Borough website on the Recreation Services page.



### Important Registration Reminder

All registration for The Academy of Hoops can be done online at [www.theacademyofhoops.com](http://www.theacademyofhoops.com). For questions regarding pricing and scheduling please contact The Academy of Hoops at 484-535-3055

## K-8 PROGRAMMING WITH OBVIOUS CHOICE SPORTS

### School "Day Off" Programs

Coaching, supervision and instruction on the areas of sports, fitness and enrichment for youth

#### Dates & Pricing

Thursday, September 21, 2017  
Tuesday, November 7, 2017  
Monday, January 15, 2018  
Friday, February 16, 2018  
Monday, February 19, 2018

8:30am - 3:30pm | \$50  
7:45am - 5:30pm | \$75  
Community Center at the Fel

### Registration Requirements

All registration should be made through Obvious Choice Sports. Please visit: [www.obviouschoicesports.com](http://www.obviouschoicesports.com)

**ALL DATES SUBJECT TO COLONIAL SCHOOL DISTRICT CALENDAR CHANGES**

### Obvious Choice Winter Break Camp

Tuesday, 12/26/2017 - Friday, 12/29/2017  
Community Center at Fel (Gym)

8:30am-3:30pm = \$160 for all 4 days  
8:30am-3:30pm = \$45 per day

7:45am-5:30pm = \$185 for all 4 days  
7:45am-5:30pm = \$55 per day

### Obvious Choice Sports Programs

#### Basketball

September 9, 2017 - October 14, 2017

Saturdays | \$75 | Community Center

Ages 4- 5 - 9:00am - 9:40am

Ages 5-7 - 10:00am - 10:45am

Ages 8-10 - 11:00am - 11:45am

Location: Community Center at the Fel  
(Multipurpose Room)

#### Soccer

September 18, 2017 - October 23, 2017

Mondays | 6:15pm - 7:15pm | \$75 | Ages K-8  
Location: Community Center at the Fellowship House (Multipurpose Room)

# COMMUNITY CENTER AT THE FEL IN-HOUSE PROGRAMMING

## Senior Bingo

Research has shown that games are good for the brain! They can stimulate memory, attention skills, and most importantly promote social interaction. Come join St. Mary's Golden Age Club Bingo at the Fel every Monday from 10:30-1:30 in the Multi-purpose room! Light refreshments will be included.

**Session 1: September 11, 2017 - December 11, 2017**

**Monday 10:00am - 1:30pm | Ages 62+ | \$5 membership fee due at the beginning of session 1**

**Program Code: SB Fall 1**

**Location: Community Center at the Fellowship House (Multi-purpose Room)**

**\*\*Room is subject to change throughout the year. A notice will be given in advance.**

**\*\*All bingo packages must be purchased separately upon arrival.**

## Corporate Lunch Time Basketball

Corporate Lunch Time Basketball is perfect for those who work in the area and want to unwind on their lunch break playing non-competitive games among colleagues. This program is free with a Community Center Membership.

**Tuesdays & Thursdays 12:00pm-2:00pm**

**Ages 18+ | \$5.00 a session**

**Program Code: CBB1**

**Location: Community Center (Gym)**

## Sunday Morning Basketball

Sunday Morning Basketball is held every Sunday in the gym for non-competitive pick up games. This program is free with a Community Center Membership.

**Sunday 9:00am - 11:00am | Ages 18+ | \$6.00 per session**

**Program Code: SBB1**

**Location: Community Center at the Fellowship House (Gym)**

## Open Gym Time

The Community Center has open gym times based off the daily schedule. Please call the Community Center at the Fellowship House at 610-828-3266 to see when open gym time is available.

## Pickle Ball

Pickle ball is cross between ping-pong, tennis and badminton. The Community Center has open gym times based off the daily schedule. Please call the Community Center at the Fellowship House at 610-828-3266 to see when open gym time is available.

**Mondays: 10:00am - 12pm | Tuesday-Friday 8:00am-12:00pm**

**Saturday & Sunday - Call for availability**

**\$2 Res | \$3 Non-Res | Free for membership holders**

**Program Code: PB**

**Location: Community Center at the Fellowship House**

## Mommy & Me

Help your child discover movement and expression! Even though your little ones aren't old enough for school, you can head to the Community Center for a fun and interactive experience with your child!

**Wednesdays: 10:00am - 11am**

**\$5 or free for membership holders**

**Location: Community Center at the Fellowship House**

## **Fall & Winter 2017-2018 Men's Basketball League**

October 2, 2017- January 31, 2018

League Fee \$325.00 - due at first game | Men 21 +

Registration deadline: September 11, 2017

- 12 Team League
- 11 games guaranteed (Plus all teams make PLAYOFFS)
- \$35/team referee fee is paid to referees before the start of the game
- Days and Times of game TBA

All teams that were enrolled in the 2016 Fall/Winter League will have **first choice** to register until August 28, 2017.

**FOR MORE INFORMATION, PLEASE CONTACT  
Charles Mascio or Tom Brady at 610-828-3266**

# UPCOMING FALL & WINTER EVENTS

## Halloween Pumpkin Painting

October 21, 2017

12pm to 2pm

Community Center (Multipurpose Room)

Free admission!

Come and enjoy the company of family, friends and neighbors at the third annual Halloween Pumpkin Painting Event! All supplies will be included. Light refreshments and snacks will also be provided, along with music and fun!

## Winter Wonderland

December 9, 2017

11am - 1pm

Community Center (Multipurpose Room)

Free admission!

Join us on Saturday, December 9th from 11am to 1pm for a Winter Wonderland celebration! Participate in holiday spirit and seasonal cheer by spending time with your community, and joining in on arts & crafts, games, and a bounce house. There will also be an appearance by Santa!

## George Snear Women's Holiday

### Basketball Tournament

Four teams, one winner! Don't miss the high school women's holiday basketball tournament. For door prices, contact the Community Center at the Fel at 610-828-3266

December 27, 2017 & December 28, 2017

Community Center at the Fellowship House

6:00pm to 9:00pm

### Important Registration Reminders

*Be sure to register for all events to ensure the Recreation Department has enough supplies! To register, visit the Borough website, and go the Recreation Services Page. Click on "Register for Programs." For questions, contact the Community Center at 610-828-3266*

## 2017 Conshohocken Funfest

Saturday, September 23, 2017

Fayette Street 1<sup>st</sup> to 6<sup>th</sup> Ave

10:00am to 11:00am - 5k/1 mile walk

11:00am to 6pm - Main event

6:00pm to 8:00pm - After Hours 1<sup>st</sup> to 2<sup>nd</sup> Avenues only

1 square mile of food, music and fun!

Join the Borough of Conshohocken on

September 23<sup>rd</sup> for live music

performances, vendors and crafters,

children activities and the showcase of

local Conshy businesses all on one street!

For more information contact the

Conshohocken Funfest Committee at

[funfest@conshohockenpa.gov](mailto:funfest@conshohockenpa.gov)

## Thanksgiving Senior Luncheon

Wednesday, November 15, 2017

12:00pm - 2:00pm

Community Center at the Fel

(Multi-purpose Room)

Free Admission

## Holiday Senior Luncheon

Wednesday, December 13, 2017

12:00pm - 2:00pm

Community Center at the Fel

(Multi-purpose Room)

Free Admission

**NOTICE:** Please register no later than the Monday before the event so that enough food can be ordered. Please call the Community Center at 610-828-3266. Seating will begin around 11:30am and the Luncheon will begin at 12:00pm.

# GROUP EXERCISE AND FITNESS WITH FITNESS FUSION



MIXX Fitness has transformed into Fitness Fusion! Same great classes & instructors, same affordable prices. The Community Center at the Fel is excited to be partnering with **Fitness Fusion** for Group Exercise classes and personal training! Mix up your physical fitness routine with Spin, TRX, Kettle Bell, Pilates, Yoga, Body Bar, Jump Rope, & MORE! Fitness Fusion is different from other fitness centers because it brings a “personal training approach to group fitness.” Instructors are trainers. Classes are small. You will get personalized instruction, specialized motivation and individual attention when you attend a Fitness Fusion class.

Starting now, more wellness will be added to the Fitness Fusion offerings including mindfulness, nutrition workshops and more! If you haven't tried Fitness Fusion yet, NOW is the time! Fitness Fusion is located inside the Community Center at the Fel. Your first visit is always free. Visit [www.fitness-fusion.com](http://www.fitness-fusion.com) to learn more and to see what classes are offered for FREE with a Community Center membership!

## FITNESS FUSION

BE STRONG. BE INSPIRED. GET FIT.

## BEFORE AND AFTER SCHOOL CHILD CARE W/ A CHILD'S PLACE

Register with A Child's Place Extended Care, Inc. for **before & after school-aged childcare** at the Community Center at the Fellowship House for the 2017-2018 school year!

<b>Before Care:</b>	7:00am until the start of the school day
<b>After Care:</b>	End of the school day until 6:00pm
<b>Half Day Care:</b>	End of the school day until 6:00pm (see calendar on <a href="http://www.acpec.com">www.acpec.com</a> )



**Day - Off Program:** 7:00am - 6:00pm. This program will operate on select days that the Colonial School District is closed (see calendar on website)

### Program Highlights:

- State licensed and Keystone Stars accredited program
- Carefully screened, professional staff with State Police, Child Abuse and FBI Clearances
- Fun, academically based enriched curriculum that advances our mission to prepare children for a successful future in school and beyond
- Supervised homework time, outdoor play, organized and independent activities
- Monthly newsletters informing parents of various activities and events
- Multi-sibling and military discounts
- CCIS (county subsidy) accepted

Visit [www.acpec.com](http://www.acpec.com) for additional questions or contact Danielle Earhart, Program Manager, at 610-304-8769

or email [Danielle@acpec.com](mailto:Danielle@acpec.com)

# CONSHOHOCKEN ROWING CENTER

The Conshohocken Rowing Center is a rowing club that was formed through a public/private partnership between the Borough of Conshohocken, Malvern Preparatory School, and The Haverford School. In addition to being the homes of Malvern Rowing and Haverford School Crew, the mission of the CRC is to promote youth rowing and provide access to the river for residents and non residents of the community through the sport of rowing by membership or designed programs. For more information visit the Conshohocken Rowing Center website at [www.conshohockenrowingcenter.org](http://www.conshohockenrowingcenter.org).



## CRC Fall Youth Rowing Program

The Conshohocken Rowing Center will be offering opportunities for a six-week program for both female and male athletes. This program is **FREE** to Conshohocken residents ages 13-17, and is open to the public at a cost of \$650

- Practices will be held on the following days:
  - Fridays 4:00 to 5:30
  - Saturdays 12:30 to 3:00
  - Sundays 12:30 to 3:00
- This program runs from September 22, 2017 to October 27, 2017
- This is a program for all levels of experience. However, the goal is to help athletes learn and refine the basics of rowing and prepare them for additional programs in the summer or the following school year.
- All interested participants should email [rowingcrc@gmail.com](mailto:rowingcrc@gmail.com).

### **Private Lessons (By appointment only)**

\$80 per session per individual

\$120 per hour for a group of 2

*Private lessons are 50% off for residents*



## 2018 Recreational Memberships for Residents

Registration opens January 1, 2018. For \$65 a year you can launch and land your kayak, canoe or stand up paddleboard from the Conshohocken Rowing Center dock. *Note: This membership does not include access to the boathouse.*

**Introducing Resident Membership Discounts: Conshohocken residents benefit with 50% off both individual and family memberships!**

Membership Type	Non-Resident	Resident
Individual Membership	\$525.00	\$262.00
Family Membership	\$775.00	\$387.00

*If you are a resident in the Borough of Conshohocken, please email the Rowing Center Administration prior to going through the registration process to ensure you receive the appropriate discount. Email [rowingcrc@gmail.com](mailto:rowingcrc@gmail.com) and indicate your program of interest.*

### **Download the Conshohocken Rowing Center App to Stay Connected!**

Follow the Conshohocken Rowing Center from your iPhone and iPad. This app gives you direct access to the latest CRC news, regattas, Facebook, Twitter, and the CRC photo gallery. To download the CRC app visit:

<https://launchkit.io/websites/r4hLJdalk7I/>

# BOROUGH COUNCIL



“CREATING  
COMMUNITY  
THROUGH  
PEOPLE,  
PARKS AND  
PROGRAMMING”

DEPARTMENT OF  
RECREATION  
SERVICES



**WARD 1**  
**KAREN TUTINO, Vice President**  
[ktutino@conshohockenpa.gov](mailto:ktutino@conshohockenpa.gov)  
484-362-3658  
Voting location:  
Marshall Lee Towers  
1 West 3<sup>rd</sup> Avenue



**WARD 2**  
**JAMES "IKE" GRIFFIN, President**  
[jgriffin@conshohockenpa.gov](mailto:jgriffin@conshohockenpa.gov)  
610-828-4638  
Voting location:  
Community Center at the Fel  
515 Harry Street



**WARD 3**  
**TINA SOKOLOWSKI, Member**  
[tsokolowski@conshohockenpa.gov](mailto:tsokolowski@conshohockenpa.gov)  
610-828-1092 ext. 133  
Voting location:  
Community Center at the Fel  
515 Harry Street



**WARD 4**  
**ANITA BARTON, Member**  
[abarton@conshohockenpa.gov](mailto:abarton@conshohockenpa.gov)  
610-397-1581  
Voting location:  
United Methodist Church  
20 West 6<sup>th</sup> Avenue



**WARD 5**  
**JANE FLANAGAN, Member**  
[jflanagan@conshohockenpa.gov](mailto:jflanagan@conshohockenpa.gov)  
610-828-1092 ext. 135  
Voting location:  
Conshohocken Fire Company, No. 2  
819 Fayette Street



**WARD 6**  
**ROBERT STOKLEY, Senior Member**  
[rstokley@conshohockenpa.gov](mailto:rstokley@conshohockenpa.gov)  
610-636-7230  
Voting location:  
Leeland Mansion  
720 Fayette Street



**WARD 7**  
**COLLEEN LEONARD, Member**  
[cleonard@conshohockenpa.gov](mailto:cleonard@conshohockenpa.gov)  
610-322-0386  
Voting location:  
Fieldhouse/ "A" Field  
East 11<sup>th</sup> Avenue & Harry Street